

Hitchin Sixth Form Consortium

3rd September 2018

Dear Parent/Carer/Student,

Hitchin Consortium Enrichment Programme 2018-2020

The Hitchin Consortium Schools are excited to be able to offer our Year 12 students starting in September 2018, a comprehensive and structured programme of enrichment events to support and enhance existing opportunities within each school. The key events are:

Bridging the Gap - Thursday 6th September 2018

The first of a programme of 4 workshops, run by Positively MAD, will focus on aiding transition from Key Stage 4 to Key Stage 5. It is a realistic look at the demands of Sixth Form and will equip students with a range of tools and techniques, designed to promote self-study, independent learning and research, and to raise aspirations. These will include advanced note-taking skills, reflection techniques, interrogating data sources, self-assessment of work and divergent and convergent thinking skills. Students will attend a two-hour morning or afternoon session which will be held at The Priory School.

Learn to Live - Monday 24th September 2018

This is an auditorium based, 90 minute, hard hitting road safety event aimed at Sixth Form students. After an initial introduction, a series of speakers will in turn talk about their experiences on Hertfordshire's roads. The speakers include someone from each of the emergency services, representation from Trading Standards and a victim and/or a family member of someone involved in a road traffic collision. The event, which is led by the Hertfordshire Road Safety Partnership, has been held at various venues around the county and has received high acclaim from students, tutors, Senior Officers and County Councillors. Students will attend the afternoon session to be held at The Gordon Craig Theatre in Stevenage.

Mastering Student Motivation – Thursday 24 January 2019

The second workshop from Positively MAD is designed to help students develop self-motivation and goal-setting skills. Students are encouraged to take personal responsibility for their futures, to question their limiting belief systems, challenge habitual thinking patterns and replace them with healthier, positive behaviours. The aim is for them to become focused on achieving self-set goals and more confident in their ability to succeed. Students will attend a two-hour morning or afternoon session which will be held at Hitchin Boys' School.

Exam Busters – Tuesday 19 March 2019

This third workshop is a fast-paced, interactive, and high-energy, designed to improve memory skills, increase self-confidence, and to understand the importance or reflective practices and regular review. It will equip students with a range of learning to learn and memory tools and techniques and encourage the creation of an effective learning environment. The skills learned are skills for life: study, preparation, relaxation, stress reduction, organisation and mental and physical health and well-being. Students will attend a two-hour morning or afternoon session at Hitchin Girls' School.

Resilience Workshop – November 2019 (Exact date to be confirmed)

This workshop looks at all the demands being placed on today's teenagers and shows them how to find balance, look after themselves, become resilient and take control of their future. It is split into three main areas: resilience, well-being and growth. Students will address their use of internal language, examine the balance in their lives, gain a clear understanding of what stress is and are shown how to take a holistic approach to reducing stress. Students will attend a two-hour morning or afternoon session at one of the three consortium schools, to be confirmed.

The content of each of the above events is designed to provide key interventions at appropriate times in the academic studies and social and emotional development of our students. We are asking for a contribution of £20 towards the programme, including any transport costs, to be made by the 12th September 2018. Payment can be made in the following ways:

Yours sincerely,

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Zoe Armitage Head of Sixth Form The Priory School

Jackie Lansdown Head of Sixth Form Hitchin Boys' School Tina Stojko Head of Sixth Form Hitchin Girls' School

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Reply slip : 6th Form Enrichment Programme

_____ of Form _____ permission to I/we give our son _____ attend the above event and (tick as appropriate):

Enclose a **cash contribution of £20** (exact money, please)

Will use the **WisePay** facility (this may not yet be available to new students)

Signed: Parent / Guardian

Please return to Main Office (School House) by WEDNESDAY SEPTEMBER 12th. Thank you!