



GREECE

Hitchin Boys' School

Expedition: July 2015

Link Teacher: Mr Charlie Mussino

Expedition Reference Number: 2015CLI01T1

12 days
£1695



Prepare for an expedition of stunning scenery, crystal clear waters, ancient history and guaranteed sunny skies! Take to your kayaks and explore the islands of the Ionian Sea, paddling past rugged coasts and pristine beaches. Look out for marine wildlife such as turtles and dolphins whilst discovering sea caves, tunnels and arches. Land on deserted golden sands where you will learn about the incredible history of the region before wild camping under the stars. To complete your expedition, help to protect sea turtles by working on an important environmental project.

Expedition Brief



WELCOME

The purpose of this brief is to introduce your expedition opportunity. It will give you a feel for the destination and the type of activities that you will be involved in. We've even thrown in a few interesting facts! The brief also includes information on how to apply and pay as well as the expedition price and everything that is and is not included. We hope this brief snapshot will leave you feeling inspired and wanting more!



HIGHLIGHTS



- Kayaking through the clear waters of the Ionian Islands
- Wild camping on pristine beaches
- Working with the Sea Turtle Project
- Exploring ancient Athens

Greece

Hitchin Boys' School Expedition

July 2015, 12 days, £1695



AT A GLANCE



Physical Rating	A very demanding expedition
Culture Shock	Similar to what you are used to
Altitude	N/A
Visa	Not required for British nationals

FACTS AND FIGURES

	RELIGION/S	Greek Orthodox
	CULTURAL OR HISTORICAL INTEREST	Greece is regarded as the birthplace of Western Civilisation, while the city-state of Athens was considered the first democracy in the world, established around 508 BC.
	LANGUAGES	Greek
	GEOGRAPHY	Greece is in Southern Europe, bordering the Aegean Sea, Ionian Sea, and Mediterranean Sea, situated between Albania and Turkey
	CLIMATE	Generally dry and sunny with infrequent rainstorms. Summer can get very hot!



YOUR EXPEDITION OBJECTIVES

This page details the objectives of your expedition; these are the areas around which your expedition will focus such as adventurous activities, projects and destination highlights.



Adventure

Your kayaking adventure will be based around the beautiful islands of the Ionian Sea.

Each day will involve paddling in the turquoise waters that surround these amazing islands, giving you plenty of time for practising your kayaking skills. This is the ideal place to kayak as you will be surrounded by stunning scenery, dramatic coastal cliffs and idyllic sandy beaches. Look out for a variety of interesting marine life as you paddle.

On land there are plenty of rocky inlets and fascinating historical and archaeological sites to explore including monasteries, fortresses and old traditional fishing villages. There will be stops for food and drink and a restaurant meal may be available but will need to be planned into your route. Most nights will be spent wild camping on beaches under starry skies.

Don't forget to save a day to explore the city of Athens and its famous ancient sights.



Project

Work on your environmental conservation project with Archelon, the Sea Turtle Protection Society of Greece. The society protects the turtles by monitoring, research, developing and implementing management plans, habitat restoration, raising public awareness and rehabilitating sick or injured turtles.

Work will involve helping to collect data which the society would not otherwise have the opportunity to monitor. Your team can help by constructing boxes for the transportation of turtles which can also be used cover the nests in order to protect hatchlings until they can be safely released.

SNAPSHOTS







Greece



YOUR ITINERARY

Your expedition has been carefully handcrafted by destination experts at Outlook to ensure you get the maximum out of your expedition and the destination you are travelling to. You will find out all the detail about the different aspects of your itinerary at the Itinerary Development Day.



 Day 1	Travel to Athens, the capital of Greece and one of the world's great cities. Spend the evening visiting the old town of Plaka and enjoying the vibrant atmosphere.
 Day 2	Spend today making preparations for your expedition. Purchase provisions before travelling to the beautiful Ionian islands for your kayaking phase.
 Day 3	You will spend your first day sea kayak training, learning the skills necessary to complete your journey.
 Day 4-5	For the next 2 days, you will head out on your sea kayaking expedition. Along the route you will have chance to explore remote beaches and hidden caves. You can stop off in villages along the route to stock up on supplies and in the evenings you will be wild camping under the stars.
 Day 6	Travel back to Athens and prepare for your project phase.
 Day 7	Make your way to the Archelon Rescue Centre on the outskirts of Athens where you will discover more about the organisation. Spend the rest of the morning stocking up on supplies. Travel by bus to Kyparissia, find your campsite by the beach and receive a short briefing from the Archelon staff.
 Day 8-10	The next 3 days will be spent working on the sea turtle project.
 Day 11	Travel back to Athens and spend the rest of the day exploring the city's attractions. Purchase any last minute souvenirs and enjoy a final meal out together as a team to celebrate the successful completion of your expedition.
 Day 12	Depart Athens and fly back to the UK for your homecoming.

Due to the changing nature of the world over the build up period, Outlook may be required to change aspects of, or the order of the itinerary. Outlook will consult with the Link Teacher/Group Leader and all participants if this is the case.

WHAT'S INCLUDED

UK Build Up (Please see brochure for more info)	Itinerary Development Day Expedition Development Day Final Preparation Day - Central Venue
Training	N/A
Link Teacher Training (Please see brochure for more info)	Leader Team training event including first aid
Leader Team Composition	Each team will be accompanied by 2 Link Teachers from Hitchin Boys' School and an Outlook Expedition Leader
Flights	International flights from London
Insurance (Please see brochure for more info)	Comprehensive medical insurance
Transport	All overseas transport
In destination (Please see brochure for more info)	All food and accommodation All group activities including any entrance fees All R&R activity
Duke of Edinburgh Trek	N/A
Notes	Minimum of 10 participants

WHAT'S NOT INCLUDED

- Spending money for gifts / souvenirs whilst on expedition
- Inoculations, prophylaxis and personal medicine. (All participants based in England and Wales receive 10% discount at Nomad Travel)
- Visas and passports - please see your Expedition Brief to see which visas are required
- Personal belongings insurance (this may be covered by your household / contents insurance)
- Any additional insurance premiums required as a result of pre-existing medical conditions
- Personal equipment (e.g. rucksack, sleeping bag, waterproof clothing); all participants receive 20% discount at 'Cotswold Outdoor' on their first purchase and a further 15% on subsequent purchases.
- Transport to and from UK-based training courses, to the Final Preparation Day venue and from the airport
- Food and accommodation in the UK, unless specified

ABOUT OUTLOOK

Since 2001, Outlook Expeditions has sent thousands of young people around the globe on overseas expeditions. Outlook's aim is to provide quality expeditions that not only offer a once in a lifetime chance to explore new places, but also opportunities to develop key skills such as leadership, communication and teamwork. Developing these skills offers participants a head start in becoming mature, confident and capable adults and concrete evidence of skills to support university or job applications.

Based in Snowdonia, North Wales, we have a staff team of 55; a diverse bunch with a common passion – a love of the outdoors and a pride in the expeditions that Outlook deliver! These guys and girls have seen it all and are always pleased to help, encourage and answer your questions.

Our uncompromising safety and support system and network of industry partners and professional bodies make us the most trusted youth expedition provider in the UK.



OUR NETWORK



Outlook holds the Learning Outside the Classroom Quality Badge for expeditions. The badge is awarded to those providers who have been independently assessed against strict criteria that require the delivery of high quality expeditions with effective risk management procedures and commitment to engage in an ongoing process of delivering quality learning outside of the classroom.



Outlook Expeditions is fully compliant to the British Standards Institution (BSI) BS 8848: A specification for adventurous activities, expeditions, visits and fieldwork outside the UK. This stipulates that one person or organisation is identified as the 'expedition organiser' and takes responsibility for all aspects of the trip including safety. Outlook's compliance to BS 8848 is your guarantee that when we use outside suppliers for any aspect of our expeditions - such as transport, accommodation or a specific activity - that they also follow the strict requirements of the standard. The Young Explorers' Trust have produced a parents guide to BS8848 which can be read at www.theyet.org



ATOL financially protects all flights and air packages sold by UK tour operators, covering over 29 million travellers each year. ATOL is managed by the Civil Aviation Authority which is government backed and has been providing financial protection to air travellers for nearly 30 years. Outlook Expeditions holds an ATOL licence and our registration number is 6697.



ABTOT provides protection for your land only booking as set out in section 14 of our booking terms and conditions.



Our partnership with Remote Medical Support provides our teams with remote medical advice from a doctor in the UK 24/7.



The Expedition Providers' Association (EPA) www.epa.uk.net was established in 2003 by companies within the youth expedition industry to share good practice. As one of the founding members of EPA, Outlook has helped to set the standards for youth expeditions.



Outlook is licenced by the Adventure Activities Licensing Authority to provide outdoor adventure activities to young people under the age of 18 years. Our licence number is L5077/R1173.



Outlook is an Approved Activity provider for the Duke of Edinburgh's Award. We have a wealth of experience in delivering DofE activities.



Outlook's training courses are delivered by our partners at Plas y Brenin – The National Mountain Centre, Plas y Brenin is world renowned for the highest standards of outdoor training opportunities.



We monitor the advice from the Foreign Commonwealth Office on all our destinations before and during expeditions.



Outlook is working in partnership with the Bangor University to investigate the impact that Outlook's expeditions have on the participants who take part and examine the role that leadership plays. The first year of research undertaken in 2011 shows that all of the participants' identified learning outcomes (e.g. self-esteem, leadership) had increased by the end of the expedition, and most were statistically significant.



In England and Wales Nomad provide our expedition groups with free destination specific vaccination and health advice. Link Teachers can even arrange for a Nomad vaccination clinic to visit their school to inoculate their entire expedition group with the vaccinations required at a 10% discounted price.



We are a registered ASDAN centre and are able to offer our participants the opportunity to complete the ASDAN Certificate of Personal Effectiveness (CoPE) Level 3 which enables them to earn 70 UCAS points. We also offer the ASDAN Universities' Award.



All of our Link Teachers receive 20% discount on purchases made at Cotswold Outdoor and our participants receive 20% discount on their first purchase.



Outlook is proud to be accredited with the Investors in People Award which recognises our complete commitment to the personal development of our staff. We have held this award for eight years.



Outlook has offset 133.33 tonnes of carbon dioxide through Climate Care greenhouse gas reduction projects in order to reduce the rate of global climate change.

THINK THIS EXPEDITION COULD BE FOR YOU?

To book your place

- Click on the 'Apply Online' button on the homepage of our website and enter the ERN code from the cover of this brief.
- Follow the online instructions and read the booking terms and conditions.
- When instructed submit your application. You will be required to pay a deposit on application. Please follow the instructions and pay by Debit or Credit Card.*

For more information

- Read your Information for Parents and Participants document and this Expedition Brief.
- Visit our website;
www.outlookexpeditions.com
- Read our online brochure which can be accessed by clicking on the 'apply now' button on our website and entering the Expedition Reference Number (ERN) on the front of this Expedition Brief.

Your Example Payment Plan

Once you have paid your deposit to secure your place on expedition you have a choice of payment plans for your remaining balance depending on which payment method suits you best.

Direct debit

We recommend choosing to pay by Direct Debit. It is easy and convenient. You complete the mandate process online with Go Cardless, our Direct Debit management system.**

Deposit Due Date: 07/10/14**	Remaining Balance
£125	6 monthly instalments of £261.67

Debit/Credit card, Bank Transfer or Cheque Payment Planner.

If you would prefer to make all your payments by Debit/Credit card, Bank Transfer or Cheque, this is your payment planner. We accept most major debit and credit cards.

*All credit and debit card payments can be made via the Expedition Portal or by contacting our Customer Service Team.

Deposit Due Date: 07/10/14	Payment 1 Due Date: 07/01/15	Payment 2 Due Date: 07/03/15	Final Balance Due Date: 01/04/15
£125	£471	£471	£628

If you have any questions regarding the payments or are unlikely to be able to meet the planned payments schedule, please contact us on 01248 672760 and we will work with you to find the solution.

*All payments by Credit Card are subject to a 3.5% surcharge, there is no surcharge for debit card payments.

**Dates & amounts are subject to when the expedition goes live. (An expedition is declared live when the number of participants make the expedition viable)

Once your expedition goes live, your payments will then be spread evenly, and collected monthly, up to the final balance date.





British Standard BS84
Corporate Conformity



2012
Independently Assessed
by the VET



Quality Badge awarded by



Council for
Learning Outside the Classroom



phone
0845 900 2989

email
info@outlookexpeditions.com

mail
Outlook Expeditions
8-9 Chestnut Court
Ffordd y Parc, Parc Menai
Bangor, Gwynedd LL57 4FH

online
www.outlookexpeditions.com